

CUSTOMER:	HEALTH EVOLUTION	PROOF TIME	12/07/2016 8:46:48 a.m.
REP ID:	C06	LAST RUN:	07/13/16
		SIZE:	1/2 PG VT

Advertorial



Tokoroa couple make major progress in stroke recovery

When Ian and Robbin read about the use of Hyperbaric Oxygen for stroke they did some research and decided that it sounded promising enough to make the trip from Tokoroa to Kapiti. Hyperbaric Oxygen is used overseas to treat a variety of neurological conditions such as stroke and has been found to be extremely beneficial to heal wounds in the brain.

Robin's stroke happened four years earlier and left her with debilitating paralysis to the left side. Her prognosis was bleak and she was offered no hope of recovery but neither she nor her husband Ian would give up or accept that improvement was impossible.

Robbin went to the USA and had Etanercept injections into the top of her spine. This treatment is relatively new and has helped eighty percent of those who received it, with varying degrees of success. In Robbins case it relieved her chronic and unrelenting pain but did not change her paralysis or the other side effects of her stroke.

Hyperbaric oxygen offered new hope to Robin and Ian who read about it in a magazine. They did their own research, encouraged and inspired by what they found, they booked twenty sessions at Health Evolution.

"In the beginning," says Robin, "I was a bit nervous about getting inside the hyperbaric chamber but once I realised that no one would forget me or leave me there, I felt fine!" she laughs. "On the fourth treatment I looked down to see that my paralysed hand had completely opened and I could move it. I couldn't believe what my eyes were seeing and I started waving to my husband through the window of the chamber. He went and told the rest of the team at Health Evolution and soon a crowd had gathered around the window and there was a group of amazed faces looking back at me! I had worked for four years with dedicated physiotherapists to open and move that hand and had never achieved the slightest improvement so imagine my astonishment when it happened so quickly with the

application of oxygen. It seemed like a miracle!"

By the end of the first week, Robin had begun to get greater sensation in her left leg which no longer felt completely 'dead'. She started to come into the clinic without her wheelchair and was moving much more rapidly. Her mood lifted and there were noticeable changes in the quality of her skin tone and circulation to her lower legs.

"While we were at Health Evolution," says Ian, "A woman from Tauranga was having treatment for Multiple Sclerosis. As she was only able to use the PEMF therapy due to her paralysis being so severe, she and her husband were thrilled with the results they achieved. She had been in a wheel chair for years and was completely paralysed except for one arm. The PEMF treatment got rid of the oedema in her lower legs within four days! It was impressive - her feet were so swollen that she couldn't wear shoes and within four days, they were completely normal for the first time in years. Her circulation really improved and her mood changed. We were comparing notes about the treatments and it was reassuring to see others were doing really well too."

Treatment with hyperbaric oxygen therapy can lead to significant neurologic improvement, show study results. The researchers found that HBOT produced noticeable improvements even as long as 3 years after the initial stroke event. Scientists at the Tel Aviv University assessed the efficacy of 2 months of HBOT treatment on 74 patients who had suffered ischemic or hemorrhagic strokes 3-36 months previously. All patients receiving HBOT sustained significant neuralgic improvements and had a better quality of life, while no improvements were seen in the control group.

If you would like to discuss the benefits HBOT or just to understand how HBOT works feel free to call into our clinic for a tour and a chat.

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visit www.healthevolution.co.nz or phone the clinic on 04 2986158**